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SOUTH KNOX JR./SR. HIGH PREVENTION EDUCATION DATA REPORT

2022-2023

JULY 2023

Annual Data Report

CFS – PREVENTION SERVICES OF KNOX COUNTY

SPEAK UP BE SAFE – ABUSE PREVENTION



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During the 2022-23 school year, Prevention Specialists provided a 1-day abuse prevention program for South Knox Jr/Sr High students 7th – 12th grades. Pre and post-test assessments were provided to all students to monitor comprehension of learning objectives. This data is based on a sampling of 392 students. Speak Up Be Safe serves as fulfillment for the Indiana Department of Education mandate for annual bullying and abuse prevention training.

DATA TRENDS - JUNIOR HIGH SCHOOL (7TH & 8TH GRADE)

- In the pre and post-test assessments, a sampling of seventy-four 7th and 8th grade students were asked if they could identify "safe adults." In the pre-assessment, 89% of students answered that they know who their safe adults are. At post-assessment, 94% of students were able to identify a "safe adult."
- Students showed significant knowledge retention of the presentation content. Students were asked at pre-test about attitudinal beliefs about abuse/neglect. Following the presentation, 100% reported that abuse or neglect was "never their fault."

DATA TRENDS - HIGH SCHOOL (9TH - 12TH GRADE)

- 318 high school students were surveyed following the SUBS presentation and displayed knowledge retention of the presentation content as well as a shift in attitudinal beliefs as 96% of students reported to believe it is "NEVER okay to send a photo of someone who is undressed to others."
- Qualitative data collected from high school students at the conclusion of the presentation included the following statements:

"I like that we were learning how to look out for warning signs in relationships and I also liked that we learned how to keep ourselves safe."

"It lets people know they aren't alone in abuse, and they should speak up."

"Being able to know that there are persons around me that are willing to protect me from anything bad that is to happen."

"I feel more comfortable about talking to an adult if I were to witness something."

BOTVIN LIFESKILLS - 7TH GRADE

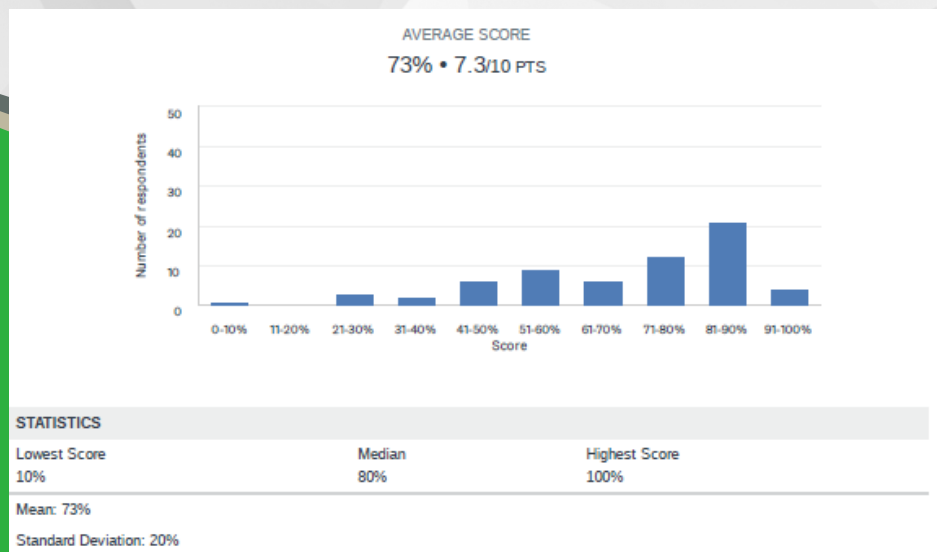


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During the school year 2022-2023, South Knox 7th grade students received a 12-lesson LifeSkills education program facilitated by a CFS Prevention Specialist. In this evidence-based program, students receive a comprehensive and developmentally appropriate substance use and violence prevention program that aims to increase self-esteem, develop healthy attitudes, and improve their knowledge of essential life skills, all of which promote healthy and positive personal development and mental health. This data is based on a sampling of 85 7th grade students.

DATA TRENDS

- Students displayed knowledge retention of the substance-use portion of the curricula. In the pre and post-test assessments, students were asked to identify the mind-altering active ingredient in marijuana. In the pretest, 67% of students answered correctly and at post-test, 79% answered correctly, an increase of 12%.
- Students showed a significant increase in knowledge retention of decision-making skills. At pre-test, 72% of 7th grade students were able to correctly identify the three "C's" of decision making (Clarify, Consider and Choose). During the post-test, 92% of students correctly identified the three C's; an increase of 20%.
- At pre-test, 81% of students were able to accurately define the term "effective communication." At post-test, 90% were able to correctly define the term; an increase of 9%.
- The average median score at post-test was 73%.



PROJECT DISCOVERY



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During Fall and Spring Semesters, a pre-selected group of 9th grade students attended Project Discovery. This group met weekly as a cohort and met individually once per week with a CFS Prevention Specialist. In this evidence-based program, students received a comprehensive and developmentally appropriate substance use and violence prevention program that aims to increase self-esteem, develop healthy attitudes, and improve their knowledge of essential life skills, all of which promotes healthy and positive personal development and mental health. Students completed pre, midterm, and post assessments.

DATA TRENDS

- Students displayed knowledge retention of the evidence-based curricula as well as an increased perception of risk of using drugs and alcohol. When asked questions about substance use, students showed a 20% increase of perception of risk of using alcohol and other drugs, increasing from 60% at pre-test to 83% at post-test.
- To measure student perception and attitudes towards educational attainment, one of the largest indicators of positive health outcomes, students were asked to rate on a 5-point Likert Scale if they believed they would receive a high-school diploma. By the end of the Project Discovery cohort, 83% reported that they believed they would graduate high school.
- Qualitative data collected from the cohort when asked "What does Project Discovery mean to you?", anonymous responses included the following:

"Project Discovery gave me something to look forward to."

"Project Discovery helped me not end my life and gave me an outlet to relieve my stress."

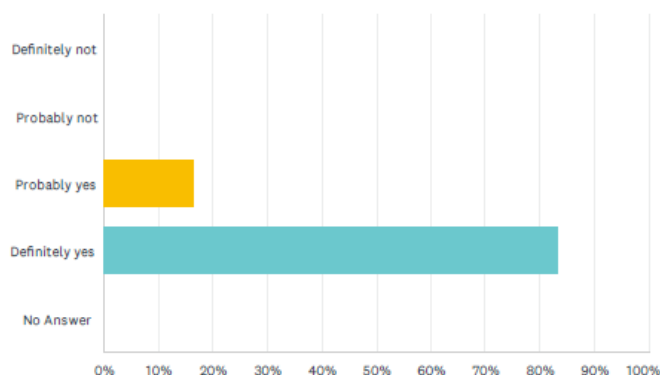
"Project Discovery has made my life more worthwhile."

"Project Discovery meant a safe haven from all the other underclassmen."

- In a follow-up survey with former Project Discovery students, 91.67% "agreed" or "strongly agreed" that Project Discovery was helpful to them.

Q22 I believe that I will receive a high school diploma

Answered: 6 Skipped: 0



THIS IS NOT ABOUT DRUGS PROGRAM



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During the fall and spring semesters, the 8th grade students at South Knox received the TINAD presentation, facilitated by a CFS Prevention Specialist. During this program, provided during a two-day period during health class, students received an evidenced-based youth education program that discusses the risk of opioid use in response to the nationwide opioid epidemic. This data is based on a sampling of 41 8th grade students.

DATA TRENDS

- Students displayed a significant increase in knowledge retention of the course content. In the pretest, 27% of students were able to correctly identify opioids. At post-test, 83% correctly identified opioids.
- Students showed an increase in risk perception of using substances. Students were asked to rate the following statement on a 5-point Likert Scale, varying from "strongly disagree" to "strongly agree," that "prescription pain pills not prescribed to you are as RISKY as using heroin." At pre-test, 60% "agreed" or "strongly agreed" with this statement. At post-test, 83% of students "agreed" or "strongly agreed," showing a major shift in attitudinal beliefs and appropriate risk reception.
- Qualitative data collected after the TINAD film/presentation, students provided the following responses of what they learned:

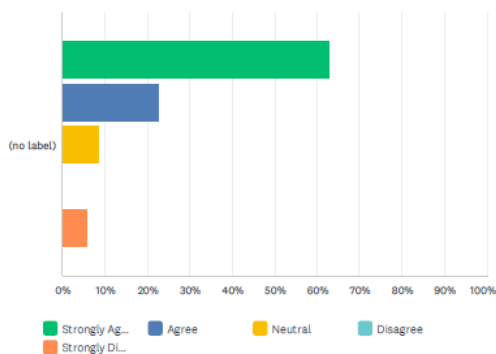
"Drugs are bad."

"It can control you."

"Prescription pills are the same as heroin."

Q1 Prescription pain pills such as Hydrocodone, Oxycodone, and Vicodin are the SAME TYPE of drug as heroin.

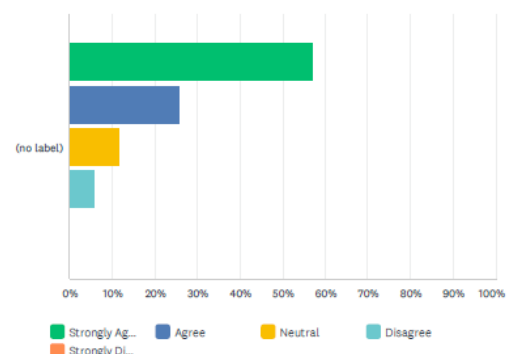
Answered: 35 Skipped: 0



	STRONGLY AGREE	AGREE	NEUTRAL	DISAGREE	STRONGLY DISAGREE	TOTAL	WEIGHTED AVERAGE
(no label)	62.86%	22.86%	8.57%	0.00%	5.71%	35	3.26
(no label)	22	8	3	0	2	35	

Q2 Prescription pain pills not prescribed to you are AS RISKY as using heroin.

Answered: 35 Skipped: 0



	STRONGLY AGREE	AGREE	NEUTRAL	DISAGREE	STRONGLY DISAGREE	TOTAL	WEIGHTED AVERAGE
(no label)	57.14%	25.71%	11.43%	5.71%	0.00%	35	3.17
(no label)	20	9	4	2	0	35	



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This report was prepared by Children and Family Services, Corp – Prevention Services of Knox County. All data provided on this report was collected during the 2022-2023 school year.

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