

Prevention Spotlight

QUARTERLY NEWSLETTER | OCTOBER 2022



CHILDREN & FAMILY SERVICES
CORP.

OUR MISSION

TO EDUCATE, ASSIST, & ADVOCATE

Welcome to Prevention Spotlight, our quarterly newsletter from the Prevention Services Team at Children and Family Services Corporation! The mission of Children and Family Services, Corp. is to educate, assist, and advocate for vulnerable children and families.

Prevention Spotlight aims to connect with our community partners and highlight our most recent prevention efforts taking place in the school and community.

UPCOMING EVENTS...

BOOKS & BREAKFAST

Project LEAD and local law enforcement will be hosting Books and Breakfast at all Knox County elementary schools this semester. Check out our social media pages for specific dates for each school!

YOUTH WORKER CAFÉ- ACE INTERFACE

Martin County is hosting a Youth Worker Café in Loogootee, IN about Adverse Childhood Experiences at St. John's on November 16th from 11am to 1pm.

RECOVER OUT LOUD

FIRST ANNUAL RECOVERY EVENTS IN KNOX, DAVIESS, & PIKE COUNTIES

Knox County hosted its first ever Recovery event on September 17th at Gregg Park. The event was well attended, counting in over 300 individuals registered in attendance. Several community agencies came in support to provide resources and information. The event was a family friendly event with kid activities, free food, and local resources. Daviess County also hosted a Recovery event on September 10th. Pike County followed suit and also hosted their first annual Recovery Walk on September 30th, making a walking route starting at the Pike County Library.

Samaritan Center's LIFT Team, in collaboration with Children and Family Services Corp., were among the several teams that volunteered their efforts to help organize these local events.



Peer Recovery Specialists, (left to right), Wendy Robinson, Megan Alecci, Jennifer Owen, Tanner Wingert, and Krystle Mullen.

INTRODUCING THE GRASSHOPPER GROUP

NEW OUTPATIENT THERAPY SERVICE

Children and Family Services Corp. is announcing their newest team, Grasshopper Group. Grasshopper Group is a mobile therapeutic team that specializes in youth and young adults. The therapists are trained in EMDR, CBT, TF-CBT, Sand Tray Therapy, Crisis Intervention, trauma specific interventions, and art therapy.

Grasshopper Group is housed at the CFS office building on 105 Broadway Street in Vincennes and is now accepting new clients! Reach out via their social media accounts on Facebook and Instagram or visit their website at www.grasshoppergroup.org.

ACE INTERFACE GAINS TRACTION

ACE TRAINERS EXCEED 300 COMMUNITY MEMBERS TRAINED

ACE Interface trainers have been on a mission to spread awareness and education about Adverse Childhood Experiences and its effects on health outcomes. As of late September, the head count surpassed 300 individuals trained, which includes over 150 Knox County citizens, ranging from law enforcement personnel to youth workers, and over 165 school staff at Pike County School Corporation.

This fall and winter, ACE Interface is expanding into Martin County as a Youth Worker Cafe. Due to the growing interest of this training, CFS is sending three additional Prevention Specialists to be trained as Master Trainers in October. To schedule a FREE training, contact Kelsey Carr at kcarr@cfsindiana.org.



Grasshopper Group team members, (left to right), Liz Meeks, Ashley Goodwin, Michelle Ellerman, Katie Heinz, and Jaclyn Durnil

SUICIDE PREVENTION WALK

KNOX CO. 7TH ANNUAL SUICIDE PREVENTION WALK

Knox County once again hosted their Annual Suicide Prevention Walk on Saturday, September 17th at Vincennes University's Outdoor Track. The goal of this annual event is to raise awareness for mental health, suicide prevention and highlight the importance of seeking support.

Individuals were able to choose the length of their walk and participated in additional activities such as a memorial flag garden, bead jewelry making, and visiting booths of community resource partners providing information on mental health services. Thank you to Vincennes University, Mental Health America of Knox County, Prevention Services of Knox County, Knox County Sheriff's Department, Samaritan Center, and several community volunteers who helped to make this event possible!

MEET OUR TEAM!

PREVENTION SERVICES OF KNOX COUNTY

Meet our Prevention Services Team of Knox County! Our team currently has three Prevention Specialists and two School Social Workers dispersed among three different school districts in Knox County. Questions? Feel free to reach out to our team!



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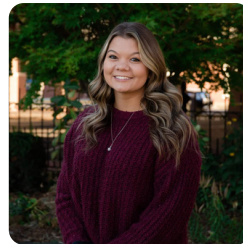


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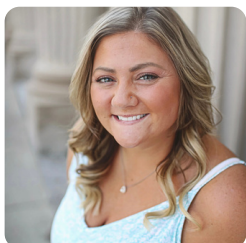


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LISTEN to Blazer 91.1 - WVUB for our monthly radio PSA



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