



Children And Family
Services, Corporation

SOUTH KNOX JR./SR. HIGH PREVENTION EDUCATION DATA REPORT

2021-2022

JULY 2022

Annual Data Report

CFS – PREVENTION SERVICES OF KNOX COUNTY

SPEAK UP BE SAFE – ABUSE PREVENTION

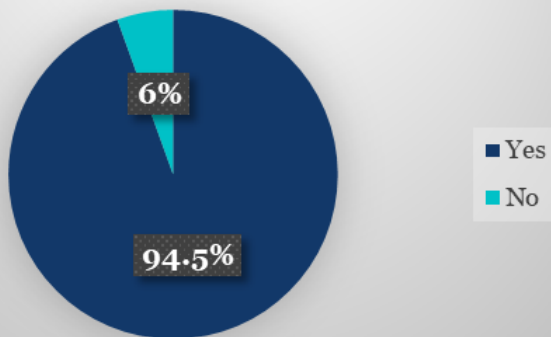


During the 2021-22 school year, Prevention Specialists provided a 1-day abuse prevention program for South Knox Jr/Sr High students 7th – 12th grades. Pre and post-test assessments were provided to all students to monitor comprehension of learning objectives. This data is based on a sampling of 74 7th grade students.

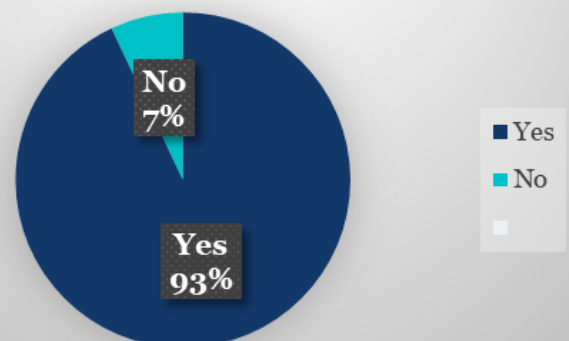
DATA TRENDS

- In the pre and post test assessments, students were asked if they could identify "safe adults." In the pre-assessment, 87% of students answered that they could identify at least one safe adult. When asked the same question in the post-assessment, 95% answered that they could identify at least one safe adult, showing an increase by 4%.
- In the pre-assessment, 96% of students answered that they should "tell" someone if neglect or abuse is occurring. In the post-assessment, this answer increased by 2%.
- 91% of students reported in the pre-test they were aware that "it is never my fault" when abuse or neglect occurs. In the post-assessment, 95% reported that it was "never" their fault.

It is "NEVER" my fault.



There are safe adults.

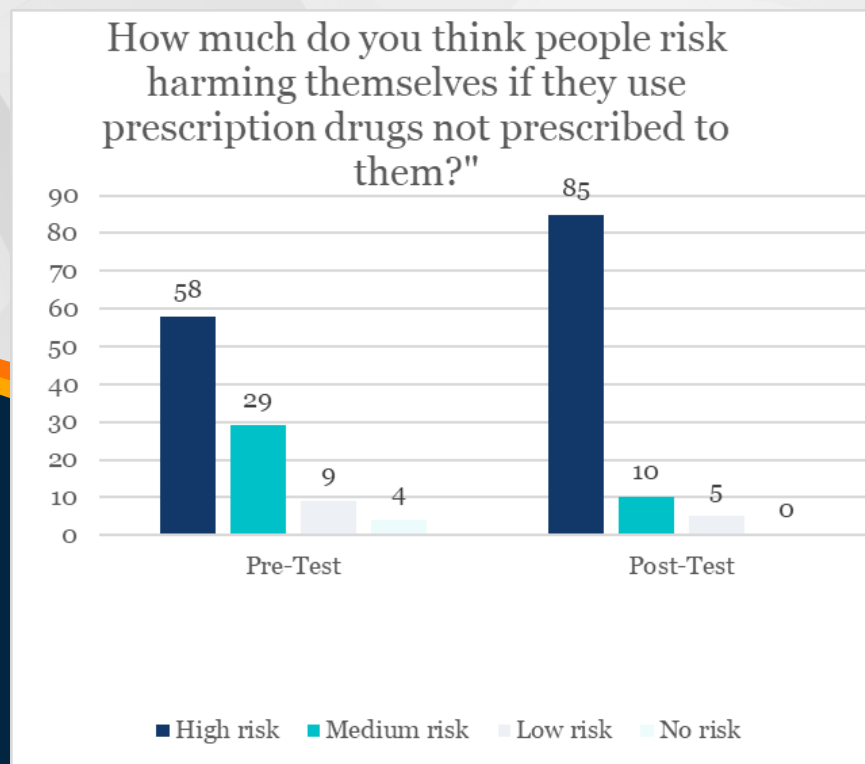


BOTVIN LIFESKILLS - 7TH GRADE

During the school year 2021-2022, South Knox 7th grade students received a 12-lesson LifeSkills education program, facilitated by a CFS Prevention Specialist. In this evidence-based program, students received a comprehensive and developmentally appropriate substance use and violence prevention program that aims to increase self-esteem, develop healthy attitudes, and improve their knowledge of essential life skills – all of which promote healthy and positive personal development and mental health. This data is based on a sampling of 21 seventh grade students.

DATA TRENDS

- In the pre-assessment, 67% of 7th grade students were able to accurately define "effective communication." In the post-assessment, 76% of students were able to accurately define effective communication, an increase of 9%.
- In the pre-assessment, 58% of students states that they believe "people risk harm by using prescription drugs not prescribed to them." In the post-assessment. 85% of students felt that it was "high risk" using prescription drugs not prescribed to them, an increase of 33%.



PROJECT DISCOVERY

During Fall and Spring Semesters, a pre-selected group of 9th grade students attended Project Discovery. This group met weekly as a cohort and met individuals once per week with a Prevention Specialist. In this evidence-based program, students received a comprehensive and developmentally appropriate substance use and violence prevention program that aims to increase self-esteem, develop healthy attitudes, and improve their knowledge of essential life skills – all of which promote healthy and positive personal development and mental health. Students completed pre, midterm, and post assessments.

DATA TRENDS

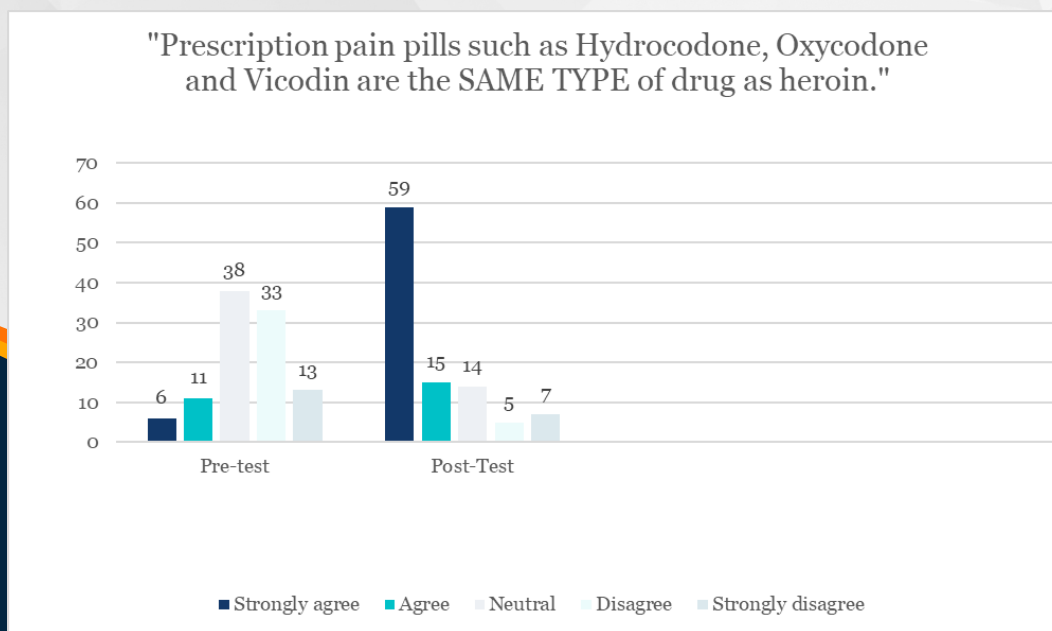
- Project Discovery pre-assessments show that 95% of students believed they would receive a High School diploma. Upon completion of Project Discovery, 100% of students agreed they would receive a diploma.
- In the satisfaction survey, 87.5% of students reported they agreed that their individual and group meetings with Mrs. Miller were helpful.
- Qualitative data compiled from student comments about the most important things they learned from Project Discovery include: “how to truly care for myself,” “how to manage my emotions,” “how to have healthy relationships,” “how to take care of myself and keep good relationships with others.” and “how to keep my emotions from doing something bad.”
- When asked “What did you enjoy most about Project Discovery,” students responses included, “the sense of community, as well as the very positive and meaningful messages it instilled within me,” “Ms. Miller helping me through stuff,” and “I enjoyed it very much.”

THIS IS NOT ABOUT DRUGS PROGRAM

During the fall and spring semesters, the 8th grade students at South Knox received the TINAD presentation, facilitated by a CFS Prevention Specialist. During this program, provided during a two-day period during health class, students received an evidenced-based youth education program that discusses the risk of opioid use in response to the opioid epidemic. This data is based on a sampling of 74 eighth grade students.

DATA TRENDS

- In the pre-assessment, 17% of the students stated that they either "agreed" or "strongly agreed" that prescription pain pills such as Hydrocodone, Oxycodone and Vicodin are the SAME type of drug as heroin. After the presentation, 74% of the students "agreed" or "strongly agreed," an increase of 57%.
- In the pre-assessment, 67% of 8th grade students either "agreed" or "strongly agreed" that "prescription pain pills not prescribed to you are as RISKY as using heroin." In the post-assessment, 88% of students either agreed or strongly agreed that this statement is true, an increase of 21%.
- In the pre-assessment, 84% of students felt that "the younger someone starts drinking alcohol or using drugs increases the risk of addiction or alcoholism." In the post-assessment, 93% either agreed or strongly agreed with this statement, an increase of 9%.





This report was prepared by Children and Family Services, Corp – Prevention Services of Knox County. All data provided on this report was collected during the 2021-2022 school year.

**Children & Family Services Corp.
Prevention Services of Knox County**

105 Broadway Street
Vincennes, IN 47591

Director of Prevention Services
Kelsey A. Carr, MA, CFLE

Phone: (402) 646-0092

Email: kcarr@cfsindiana.org